

**SACHDEVA GLOBAL SCHOOL**  
**ACTIVITY PLANNER - OCTOBER 2022**  
**CLASSES : BUDS - II**

SUN	MON	TUE	WED	THU	FRI	SAT
						1 S A T U R D A Y
2 HOLIDAY :  GANDHI JAYANTI	3 HOLIDAY :  MAHA ASHTAMI	4 HOLIDAY :  MAHA NAVMI	5 HOLIDAY :  D U S S E H R A	6 POEM RECITATION: WONDERFUL NEIGHBOURS (CLASS II)	7 ASSEMBLY: CERTIFICATE DISTRIBUTION (CLASSES BUDS TO II)	8 S A T U R D A Y

SUN

MON

TUE

WED

THU

FRI

SAT

9

S  
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D  
A  
Y

10

गतिविधि : पिटारा  
खोलो  
व्यंजन बोलो  
(BUDS)

11

COMPETITION:  
I AM A LITTLE  
CHEF : DIWALI  
DELICACIES  
(CLASS I & II)

12

LET'S GROW A  
PLANT  
(CLASS II)

13

FROGGIE GAME:  
HOP WITH YOUR  
NUMBER AND  
STAND IN  
BETWEEN  
(BLOOMS)

14

ASSEMBLY :  
TIME IS  
FREE, BUT  
PRICELESS  
(CLASS II-C)

15

S  
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R  
D  
A  
Y

16

S  
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N  
D  
A  
Y

17

ACTIVITY:  
JUMP AND CLAP AS  
PER THE NUMBER  
CALLED  
(BUDS)

18

ENGLISH PICTURE  
COMPOSITION:  
A VISIT TO A BEACH  
(CLASS I)

19

COMPETITION:  
FESTIVE  
CELEBRATION -  
DECORATING A  
DIYA  
(BLOOMS)

20

गतिविधि : आओ  
सीखें ऐ की मात्रा  
(CLASS I)

21

COMPETITION:  
BUDDING MASTER  
CHEF-  
MAKING DIWALI  
DELICACIES  
(BUDS)  
  
ASSEMBLY:  
DIWALI  
(CLASS II-D)

22

S  
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A  
Y

TALENT HUNT : PRELIMINARY ROUND

SUN

23

S  
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A  
Y

MON

24

HOLIDAY:

D  
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A  
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I

TUE

25

HOLIDAY:

GOVARDHAN  
PUJA

WED

26

HOLIDAY:

B  
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D  
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J

THU

27

VOCABULARY  
CHECK-  
LOOK AT THE  
PICTURE AND TELL  
THE WORD  
(BUDS)

FRI

28

ROLE PLAY-  
ANIMALS  
(BLOOMS)

SAT

29

S  
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Y

30

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A  
Y

31

COMPETITION:

TALENT  
HUNT  
(FINAL ROUND)  
(BUDS-II)

# CO - CURRICULAR ACTIVITIES

## DRUMS

- \* 4 BEATS PRACTICE AND DYNAMICS (BUDS & BLOOMS)
- \* PLAYING PRACTICE OF 4/4 BEAT WITH METRONOME (I & II)

## INDIAN DANCE

- \* FIRST HAND MOVEMENT IN (एकगुण, दुर्गुण) (BUDS & BLOOMS)
- \* DANCE ON SONG (DIWALI, DIWALI) (BUDS & BLOOMS)
- \* STEP OF TATKAAR IN TEENTAAL (एकगुण, दुर्गुण) (I & II)
- \* DANCE ON SONG (MERE TUMHARE SLOKE LIYE HAPPY DIWALI)

## INDIAN VOCAL MUSIC

- \* BASIC 2 SARGAM IN TEENTAAL (BUDS & BLOOMS)
- \* BREATHING AND PITCH EXERCISE (BUDS & BLOOMS)
- \* DIWALI SONG :- DIWALI AAI, KHUSHIYA LAI (BUDS & II)
- \* REVISION OF PREVIOUS SONGS (BUDS & II)
- \* PITCH EXERCISE (I & II)
- \* 3 BASIC ALANKARS IN TEENTAAL (I & II)

## PIANO

- \* TOUCH C KEYS AND SING (BUDS & BLOOMS)
- \* 4 COUNTS CLAPPING EXERCISE (BUDS & BLOOMS)
- \* PRACTICE OF DYNAMICS (BUDS & BLOOMS)
- \* TOUCH ALL C KEYS ON THE PIANO WITH BOTH HANDS (I & II)
- \* PLAYING C TO 6 NOTES IN 4 COUNTS WITH RIGHT HAND (I & II)
- \* CLAPPING EXERCISE WITH RHYTHM (I & II)

## WESTERN DANCE

- \* SONG FOR A MONTH "GLAD YOU CAME" (BUDS & BLOOMS)
- \* SHOULDER ISOLATION (BUDS & BLOOMS)
- \* TAP DANCE (FIVE BASIC STEPS) +SNAP (BUDS & II)
- \* SONG FOR A MOUTH "GREAS MEGAMIX" (I & II)
- \* SIDE LATERALS AND WORKING ON OPPOSITION (I & II)

## WESTERN VOCAL MUSIC

- \* SONG - HOW IS THE WEATHER (BUDS & BLOOMS)
- \* PREVIOUS EXERCISES & SONG (BUDS & BLOOMS)
- \* IT'S A BEAUTIFUL DAY (I & II)
- \* BODY PERCUSSIONS (I & II)
- \* SONG : WE SHALL OVER COME - REVISE ((I & II)

<b>AEROBICS</b>	* STEPPING WITH 10-12 EXERCISES WITH BOTH HANDS AND LEGS WITH DIFFERENT SET OF EXERCISES (I & II)
<b>YOGA</b>	* YOGA PRAYER, BHRAMRI PRANAYAM, PADAHASTASANA, CHAKRASANA (I & II)
<b>SKATING</b>	* ROLLING OF WHEELS AFTER BALANCING, BY DOING SEVERAL EXERCISES ON SKATES (I & II)
<b>ART</b>	* STICK PUPPET OF RAVANA, DIWALI CARD (BUDS & BLOOMS) * ROUND MIRRORS & CRYSTAL PASTING - DIYA (I) * ICE CREAM STICKS & MIRROR PASTING - PEACOCK (I) * DECORATION WITH GLITTERS & SEQUINS RANGOLI (II) * ROUND MIRRORS & CRYSTAL PASTING DIYA & CANDLES (II)